

CAPITAL VALLEY CONFERENCE

Meeting Schedule

2023-24

MEETING SCHEDULE

| | | | |
|---------------|--------------------|------------|------|
| Tue, Aug 1 | Athletic Board | Teal Bend | 9:00 |
| Tue, Sept 26 | Athletic Board | Teal Bend | 9:00 |
| Tue, Oct 3 | Board of Managers | TBA | 8:30 |
| Tue, Oct 24 | Athletic Directors | The Villas | 9:00 |
| Tue, Nov 14 | Athletic Directors | The Villas | 9:00 |
| Tue, Jan 23 | Athletic Board | Teal Bend | 9:00 |
| Tue, Jan 30 | Board of Managers | TBA | 8:30 |
| Tue, Feb 27 | Athletic Directors | The Villas | 9:00 |
| Tue, April 16 | Athletic Board | Teal Bend | 9:00 |
| Tue, April 23 | Board of Managers | TBA | 8:30 |
| Tue, May 21 | Athletic Board | Teal Bend | 9:00 |
| Tue, June 18 | Board of Managers | Zoom | 8:30 |

Adopted: April, 18, 2023

IMPORTANT DATES

PRESEASON DEAD PERIOD

Fall: July 10, except FB July 3 & WP July 24

Winter: Oct 8

Spring: Jan 15

FIRST PRACTICE

Fall: July 31, except FB Jul 24 & WP Aug 14
(FB Requires 5 days acclimation practice)

Winter: Oct 30

Spring: Feb 5, except BB & Softball Jan 29

FIRST SCRIMMAGE

Fall: August 11, except WP Aug 18

Winter: Nov 10

Spring: Feb 16

FIRST CONTEST

Fall: August 18, except WP Aug 25

Winter: Nov 17

Spring: Feb 23

NUMBER OF CONTACTS

Unless otherwise stated: 28

Golf & Tennis 24 Swim & Track & CC 14

Wrestling 40 Football 10

LAST CONTEST

Fall: FB & CC Oct 28 G Golf Oct 18

GVB Oct 19 WP Oct 25 G Ten Oct 26

Winter: B & G BB Feb 9 B & G Soc Feb 6

Wrest Jan 24

Spring: Base May 3 B Golf May 1

Soft May 9 Swim Apr 20 Track May 4

B Ten Apr 30 B VB Apr 25

SIT OUT DATE

Fall: FB, WP & CC Sep 22 G Golf

Sept 18 G VB Sept 18 G Ten Sep 22

Winter: B & GBB Dec 30 B & G Soc Dec 29

Wrest Dec 27

Spring: Base, Track & B Golf Mar 30

Soft Apr 2 Swim Mar 23 B Ten Mar 27

B VB Mar 26