

CAPITAL VALLEY CONFERENCE BOYS BASKETBALL SCHEDULE

2024-25

GAME TIME: 4:30

Last Revised: FEB 28 2024

FRI, JAN 3

VDL at RA
CBS at Ind
Wood at Pondo
BV BYE

TUE, JAN 7

CBS at VDL
Pondo at BV
RA at Wood
Ind BYE

THURS, JAN 9

BV at RA
Ind at VDL
Wood at CBS
Pondo BYE

TUE, JAN 14

Pondo at CBS
BV at Ind
VDL at Wood
RA BYE

THUR JAN 16

CBS at BV
RA at Pondo
Ind at Wood
VDL Bye

TUE JAN 21

Ind at RA
VDL at Pondo
Wood at BV
CBS BYE

THUR JAN 23

BV at VDL
Pondo at Ind
RA at CBS
Wood Bye

MON, JAN 27

RA at VDL
Ind at CBS
Pondo at Wood
BV BYE

WED, JAN 29

VDL at CBS
BV at Pondo
Wood at RA
Ind BYE

FRI, JAN 31

RA at BV
VDL at Ind
CBS at Wood
Pondo BYE

WED, FEB 5

CBS at Pondo
Ind at BV
Wood at VDL
RA BYE

FRI, FEB 7

BV at CBS
Pondo at RA
Wood at Ind
VDL Bye

WED, FEB 12

RA at Ind
Pondo at VDL
BV at Wood
CBS BYE

FRI, FEB 14

VDL at BV
Ind at Pondo
CBS at RA
Wood Bye

IMPORTANT DATES

NO CONTACT DEAD PERIODS

Fall: July 1 – Jul 14
Winter: July 1 – Jul 14
Spring: July 1 – Jul 14

FIRSI: Aug 5 – FB Jul 29

(Required 5 days acclimation for football)

Winter: Nov 3
Spring: Feb 9 - Baseball & Softball Feb 2

FIRST SCRIMMAGE

Fall: August 15
Winter: Nov 14
Spring: Feb 17

FIRST CONTEST

Fall: August 22
Winter: Nov 21
Spring: Feb 27 BB & SB - Feb 17

NUMBER OF CONTACTS

28
Golf & Tennis 24 Swim, Track & CC - 14
Wrestling 40 Football 10

LAST CONTEST

Fall: FB & CC Nov 1 G Golf - Oct 22
Flag FB, B So, G Ten & G VB - Oct 23
WP Oct 29
Winter: B & G BB - Feb 13 B & G Soc - Feb 10

Wrest – Feb 9

Spring: Base May 1 B Golf Apr 30
Soft May 7 Swim Apr 25 Track May 9
B Ten May 1 B VB Apr 30

SIT OUT DATE

Fall: FB, G Golf, -WP & CC Sep 27
G VB Sept 23 G Ten Sep 26
Winter: B & GBB Jan 3 B & G Soc &
Wrest Jan 1
Spring: Base Mar B Golf Mar 30 Soft
Mar 29
Track Apr 4 Swim Mar 29
B Ten Mar 31 - B VB Mar 31