

# CAPITAL VALLEY CONFERENCE

## BOYS VOLLEYBALL SCHEDULE

### 2024-25

**GAME TIME: 4:30**

**Last Revised: February 29 2024**

#### **MON, MAR 10**

RA at VDL  
Ind at CBS  
Pondo at Wood  
BV BYE

#### **WED, MAR 12**

VDL at CBS  
BV at Pondo  
Wood at RA  
Ind BYE

#### **MON, MAR 17**

RA at BV  
VDL at Ind  
CBS at Wood  
Pondo BYE

#### **WED, MAR 19**

CBS at Pondo  
Ind at BV  
Wood at VDL  
RA BYE

#### **MON, MAR 24**

BV at CBS  
Pondo at RA  
Wood at Ind  
VDL Bye

#### **WED, MAR 26**

RA at Ind  
Pondo at VDL  
BV at Wood  
CBS BYE

#### **MON, MAR 31**

VDL at BV  
Ind at Pondo  
CBS at RA  
Wood Bye

#### **WED, APR 2**

VDL at RA  
CBS at Ind  
Wood at Pondo  
BV BYE

#### **MON, APR 7**

CBS at VDL  
Pondo at BV  
RA at Wood  
Ind BYE

#### **WED, APR 9**

BV at RA  
Ind at VDL  
Wood at CBS  
Pondo BYE

#### **MON, APR 21**

Pondo at CBS  
BV at Ind  
VDL at Wood  
RA BYE

#### **WED, APR 23**

CBS at BV  
RA at Pondo  
Ind at Wood  
VDL Bye

#### **MON, APR 28**

Ind at RA  
VDL at Pondo  
Wood at BV  
CBS BYE

#### **WED, APR 30**

BV at VDL  
Pondo at Ind  
RA at CBS  
Wood Bye

### **IMPORTANT DATES**

#### **NO CONTACT DEAD PERIODS**

Fall: July 1 – Jul 14

Winter: July 1 – Jul 14

Spring: July 1 – Jul 14

**FIRS:** Aug 5 – FB Jul 29

(Required 5 days acclimation for football)

Winter: Nov 3

Spring: Feb 9 - Baseball & Softball Feb 2

#### **FIRST SCRIMMAGE**

Fall: August 15

Winter: Nov 14

Spring: Feb 17

#### **FIRST CONTEST**

Fall: August 22

Winter: Nov 21

Spring: Feb 27 BB & SB - Feb 17

#### **NUMBER OF CONTACTS**

28

Golf & Tennis 24 Swim, Track & CC - 14

Wrestling 40 Football 10

#### **LAST CONTEST**

Fall: FB & CC Nov 1 G Golf - Oct 22

Flag FB, B So, G Ten & G VB - Oct 23

WP Oct 29

Winter: B & G BB - Feb 13 B & G Soc - Feb

10

Wrest – Feb 9

Spring: Base May 1 B Golf Apr 30

Soft May 7 Swim Apr 25 Track May 9

B Ten May 1 B VB Apr 30

#### **SIT OUT DATE**

Fall: FB, G Golf,-WP & CC Sep 27

G VB Sept 23 G Ten Sep 26

Winter: B & GBB Jan 3 B & G Soc &

Wrest Jan 1

Spring: Base Mar B Golf Mar 30 Soft

Mar 29

Track Apr 4 Swim Mar 29

B Ten Mar 31 - B VB Mar 31