

CAPITAL VALLEY CONFERENCE FOOTBALL SCHEDULE 2023

FRI, SEPT 15

Inderkum at Yuba City
Antelope at Roseville
River Valley at Bella Vista
Woodcreek BYE

FRI, SEPT 22

Inderkum at Woodcreek
Yuba City Roseville
Bella Vista at Antelope
River Valley BYE

FRI, SEPT 29

Antelope at Yuba City
Woodcreek at River Valley
Bella Vista at Inderkum
Roseville BYE

FRI, OCT 6

Roseville at Bella Vista
Yuba City at Woodcreek
River Valley at Inderkum
Antelope BYE

FRI, OCT 13

Woodcreek at Antelope
Bella Vista at Yuba City
Roseville at River Valley
Inderkum BYE

FRI, OCT 20

River Valley at Antelope
Woodcreek at Bella Vista
Inderkum at Roseville
Yuba City BYE

FRI, OCT 27

Roseville at Woodcreek
River Valley at Yuba City
Antelope at Inderkum
Bella Vista BYE

IMPORTANT DATES

PRESEASON DEAD PERIOD

Fall: July 10, except FB July 3 & WP July 24
Winter: Oct 8
Spring: Jan 15

FIRST PRACTICE

Fall: July 31, except FB Jul 24 &
WP Aug 14
(FB Requires 5 days acclimation practice)
Winter: Oct 30
Spring: Feb 5, except BB & Softball Jan 29

FIRST SCRIMMAGE

Fall: August 11, except WP Aug 18
Winter: Nov 10
Spring: Feb 16

FIRST CONTEST

Fall: August 18, except WP Aug 25
Winter: Nov 17
Spring: Feb 23

NUMBER OF CONTACTS

Unless otherwise stated: 28
Golf & Tennis 24 Swim & Track & CC 14
Wrestling 40 Football 10

LAST CONTEST

Fall: FB & CC Oct 28 G Golf Oct 18
GVB Oct 19 WP Oct 25 G Ten Oct 26
Winter: B & G BB Feb 9 B & G Soc Feb 6
Wrest Jan 24
Spring: Base May 3 B Golf May 1
Soft May 9 Swim Apr 20 Track May 4
B Ten Apr 30 B VB Apr 25

SIT OUT DATE

Fall: FB, WP & CC Sep 22 G Golf
Sept 18 G VB Sept 18 G Ten Sep 22
Winter: B & G BB Dec 30
B & G Soc Dec 29
Wrest Dec 27
Spring: Base, Track & B Golf Mar 30
Soft Apr 2 Swim Mar 23 B Ten Mar 27
B VB Mar 26

APPROVED ATHLETIC DIRECTORS: Feb 27, 2023

APPROVED ATHLETIC BOARD: April 18, 2023

LAST REVISED: Dec. 21, 2022