

CAPITAL VALLEY CONFERENCE GIRLS BASKETBALL SCHEDULE 2023-24

WED, JAN 3

Bella Vista at Roseville
River Valley at Inderkum
Woodcreek at Antelope
Yuba City BYE

FRI, JAN 5

Antelope at Bella Vista
Inderkum at Roseville
Yuba City at Woodcreek
River Valley BYE

MON, JAN 8

Bella Vista at River Valley
Inderkum at Woodcreek
Antelope at Yuba City
Roseville BYE

WED, JAN 10

Woodcreek at Bella Vista
Yuba City at Inderkum
River Valley at Roseville
Antelope BYE

FRI, JAN 12

Bella Vista at Inderkum
River Valley at Antelope
Roseville at Yuba City
Woodcreek BYE

WED, JAN 17

Yuba City at Bella Vista
Woodcreek at River Valley
Antelope at Roseville
Inderkum BYE

FRI, JAN 19

Inderkum at Antelope
Roseville at Woodcreek
River Valley at Yuba City
Bella Vista BYE

TUES, JAN 23

Roseville at Bella Vista
Inderkum at River Valley
Antelope at Woodcreek
Yuba City BYE

THURS, JAN 25

Bella Vista at Antelope
Roseville at Inderkum
Woodcreek at Yuba City
River Valley BYE

MON, JAN 29

River Valley at Bella Vista
Woodcreek at Inderkum
Yuba City at Antelope
Roseville BYE

WED, JAN 31

Bella Vista at Woodcreek
Inderkum at Yuba City
Roseville at River Valley
Antelope BYE

FRI, FEB 2

Inderkum at Bella Vista
Antelope at River Valley
Yuba City at Roseville
Woodcreek BYE

TUE, FEB 6

Bella Vista at Yuba City
River Valley at Woodcreek
Roseville at Antelope
Inderkum BYE

THUR, FEB 8

Antelope at Inderkum
Woodcreek at Roseville
Yuba City at River Valley
Bella Vista BYE

IMPORTANT DATES

PRESEASON DEAD PERIOD

Fall: July 10, except FB July 3 & WP July 24
Winter: Oct 8
Spring: Jan 15

FIRST PRACTICE

Fall: July 31, except FB Jul 24 &
WP Aug 14
(FB Requires 5 days acclimation practice)
Winter: Oct 30
Spring: Feb 5, except BB & Softball Jan 29

FIRST SCRIMMAGE

Fall: August 11, except WP Aug 18
Winter: Nov 10
Spring: Feb 16

FIRST CONTEST

Fall: August 18, except WP Aug 25
Winter: Nov 17
Spring: Feb 23

NUMBER OF CONTACTS

Unless otherwise stated: 28
Golf & Tennis 24 Swim & Track & CC 14
Wrestling 40 Football 10

LAST CONTEST

Fall: FB & CC Oct 28 G Golf Oct 18
GVB Oct 19 WP Oct 25 G Ten Oct 26
Winter: B & G BB Feb 9 B & G Soc Feb 6
Wrest Jan 24
Spring: Base May 3 B Golf May 1
Soft May 9 Swim Apr 20 Track May 4
B Ten Apr 30 B VB Apr 25

SIT OUT DATE

Fall: FB, WP & CC Sep 22 G Golf
Sept 18 G VB Sept 18 G Ten Sep 22
Winter: B & G BB Dec 30
B & G Soc Dec 29
Wrest Dec 27
Spring: Base, Track & B Golf Mar 30
Soft Apr 2 Swim Mar 23 B Ten Mar 27
B VB Mar 26

APPROVED ATHLETIC DIRECTORS: Feb 27, 2023

APPROVED ATHLETIC BOARD: April 18, 2023

LAST REVISED: March 29, 2023