

# CAPITAL VALLEY CONFERENCE GIRLS BASKETBALL SCHEDULE

**2024-25**

**GAME TIME: 4:30**

**Last Revised: FEB 28 2024**

**FRI, JAN 3**

RA at VDL  
Ind at CBS  
Pondo at Wood  
BV BYE

**WED, JAN 8**

CBS at VDL  
Pondo at BV  
RA at Wood  
Ind BYE

**FRI, JAN 10**

BV at RA  
Ind at VDL  
Wood at CBS  
Pondo BYE

**MON JAN 13**

Pondo at CBS  
BV at Ind  
VDL at Wood  
RA BYE

**WED, JAN 15**

CBS at BV  
RA at Pondo  
Ind at Wood  
VDL Bye

**FRI, JAN 17**

Ind at RA  
VDL at Pondo  
Wood at BV  
CBS BYE

**WED, JAN 22**

BV at VDL  
Pondo at Ind  
RA at CBS  
Wood Bye

**FRI, JAN 24**

VDL at RA  
CBS at Ind  
Wood at Pondo  
BV BYE

**TUE, JAN 28**

VDL at CBS  
BV at Pondo  
Wood at RA  
Ind BYE

**THUR JAN 30**

RA at BV  
VDL at Ind  
CBS at Wood  
Pondo BYE

**TUE, FEB 4**

CBS at Pondo  
Ind at BV  
Wood at VDL  
RA BYE

**THUR, FEB 6**

BV at CBS  
Pondo at RA  
Wood at Ind  
VDL Bye

**TUE, FEB 11**

RA at Ind  
Pondo at VDL  
BV at Wood  
CBS BYE

**THUR, FEB 13**

VDL at BV  
Ind at Pondo  
CBS at RA  
Wood Bye

## **IMPORTANT DATES**

**NO CONTACT DEAD PERIODS**

Fall: July 1 – Jul 14  
Winter: July 1 – Jul 14  
Spring: July 1 – Jul 14

**FIRSI: Aug 5 – FB Jul 29**

(Required 5 days acclimation for football)

Winter: Nov 3  
Spring: Feb 9 - Baseball & Softball Feb 2

**FIRST SCRIMMAGE**

Fall: August 15  
Winter: Nov 14  
Spring: Feb 17

**FIRST CONTEST**

Fall: August 22  
Winter: Nov 21  
Spring: Feb 27 BB & SB - Feb 17

**NUMBER OF CONTACTS**

28  
Golf & Tennis 24 Swim, Track & CC - 14  
Wrestling 40 Football 10

**LAST CONTEST**

Fall: FB & CC Nov 1 G Golf - Oct 22  
Flag FB, B So, G Ten & G VB - Oct 23  
WP Oct 29  
Winter: B & G BB - Feb 13 B & G Soc - Feb 10  
Wrest – Feb 9  
Spring: Base May 1 B Golf Apr 30  
Soft May 7 Swim Apr 25 Track May 9  
B Ten May 1 B VB Apr 30

**SIT OUT DATE**

Fall: FB, G Golf, -WP & CC Sep 27  
G VB Sept 23 G Ten Sep 26  
Winter: B & GBB Jan 3 B & G Soc & Wrest Jan 1  
Spring: Base Mar B Golf Mar 30 Soft Mar 29  
Track Apr 4 Swim Mar 29  
B Ten Mar 31 - B VB Mar 31