

CAPITAL VALLEY CONFERENCE

BOYS TRACK ALL CONFERENCE TEAMS

2025

100	Amey, Josiah – Inderkum	Kustin, Clark – Christian Brothers
200	Greene, Will – Vista del Lago	Amey, Josiah - Inderkum
400	Greene, Will – Vista del Lago	Lund, Collin – Vista del Lago
800	Winston, David - Woodcreek	Morris, Grady - Ponderosa
1600	Winston, David – Woodcreek	Fear, Calvin – Bella Vista
3200	Himley, Braden – Ponderosa	Levasseur, Jackson - Christian Brothers
High Hurdles	Amey, Josiah – Inderkum	Jenkins, Maxwell - Ponderosa
Inter Hurdles	Jenkins, Maxwell – Ponderosa	Sablan, Kingston - Christian Brothers
High Jump	Chouteau, Lono – Inderkum	Goodman, Jayden - Inderkum
Pole Vault	Hymas, Grant - Bella Vista	Libell, Tim - Bella Vista
Long Jump	Chouteau, Lono – Inderkum	Goodman, Jayden - Inderkum
Triple Jump	Yoast, Mason – Ponderosa	Boston, Darius - Inderkum
Shot Put	Dinaburg, Chase - Rio Americano	Scott, Brian - Woodcreek
Discus	Dinaburg, Chase - Rio Americano	Scott, Brian - Woodcreek
4x100 Relay	Inderkum Payne, Jeremiah Corry, Jayden Corry, Jordan Amey, Josiah	Vista del Lago Kalkat, Jushan Greene, Will Kalkat, Jahaan Lund, Collin
4x400 Relay	Vista del Lago Hooey, Edwin Kalkat, Jushan Lund, Collin Greene, Will	Woodcreek England, Dylan Lavery, Asher Riordan, Jack Barnhart, Derek
4x800 Relay	Ponderosa Himley, Braden Nelson, Kaden Hinsz, Jack Morris, Grady	Bella Vista Emanavin, Roanan Rucker, Cade Wooden, Jonah Campbell, Ben

2024

100	Bradley, Joel - Roseville	DeBerry, Josiah - Woodcreek
200	Watson, Trevon - Antelope	Brown, Kai - Bella Vista
400	Trumbull, Reddik - Bella Vista	Taylor, Baron - Inderkum
800	Kirby, Kellen - Bella Vista	Winston, David - Woodcreek

1600	Winston, David - Woodcreek
3200	Fear, Calvin - Bella Vista
High Hurdles	Green III, Rickey - Inderkum
Inter Hurdles	Green III, Rickey - Inderkum
High Jump	Mitchell, Quentin – Antelope
Pole Vault	Hymas, Grant - Bella Vista
Long Jump	Bradley, Joel – Roseville
Triple Jump	Dismukes, Owen - Bella Vista
Shot Put	Colon, Manuel - Inderkum
Discus	Earls, Isaac – Woodcreek
4x100 Relay	Antelope Lulpa, Angelo Watson, Trevon Williams, Josiah Moore, Jeremiah
4x400 Relay	Antelope Lulpa, Angelo Watson, Trevon Williams, Josiah Thompson, Ethan
4x800 Relay	Bella Vista Fear, Calvin Keel, Griffin Bishop, Ian Kirby, Kellen

Kirby, Kellen - Bella Vista
Honey, Jacob - Woodcreek
Amey, Josiah - Inderkum
Eaton, Eric - Woodcreek
Lovins, Bryce - Bella Vista
Libell, Tim - Bella Vista
Swanson, Statler - Woodcreek
Brown II, Janero - Yuba City
Vaughn, Khaaliq - Bella Vista
Colon, Manuel - Inderkum
Bella Vista Newman, Carson Brown, Kai Trumbull, Reddik Dismukes, Owen Inderkum Anderson, Bryce Taylor, Baron Bell, Nate Corry, Jordan Woodcreek Nakao, Randy Guernsey, Kian Vest, Carter Pesce, Gianni

2023

100	DeBerry, Josiah – Woodcreek
200	Bazemore, Amias – Yuba City
400	Mwanje, Michael – River Valley
800	Winston, David – Woodcreek
1600	Winston, David – Woodcreek
3200	Vigil, Alexander – Roseville
High Hurdles	Gonzales, Joshua – Woodcreek
Inter Hurdles	Gonzales, Joshua – Woodcreek
High Jump	Mitchell, Mitchell – Antelope
Pole Vault	Browning, Aidan – Bella Vista
Long Jump	Bradley, Joel – Roseville
Triple Jump	Dismukes, Owen – Bella Vista
Shot Put	Herbert, Trent – Woodcreek
Discus	Earls, Issac – Woodcreek
4x100 Relay	Bella Vista

Bradley, Joel – Roseville
Mwanje, Michael – River Valley
Cantwell, Cpnner - Roseville
Kirby, Kellen – Bella Vista
Kirby, Kellen – Bella Vista
Honey, Jacob - Woodcreek
Goodwin, Jayden – Antelope
Goodwin, Jayden – Antelope
Lovins, Bryce - Bella Vista
Libell, Tim – Bella Vista
Brown, Jamero – Yuba City
Boone-Nelson, Kevin - Inderkum
Davis, Ryker - Roseville
Jackson, Jarred - Woodcreek
Woodcreek

	Newman, Carson	Panilio, Caleb
	Brown, Kai	Melendez, Josiah
	Trumbull, Reddik	Rohas, Connor
	Dismukes, Owen	DeBerry, Josiah
4x400 Relay	Woodcreek	Antelope
	Henderson, Tyler	Lupe, Angelo
	Melendez, Josiah	Williams, Josiah
	Barnjart, Derek	Thompson, Ethan
	Rojas, Connor	Watsdon, Trevon
4x800 Relay	Bella Vista	Woodcreek
	Bishop, Ian	Pringle, Devin
	Teater, Hadley	Bowie, Jacob
	Briseno, Bode	Cunha, Anthony
	Kirby, Kellen	Jacobson, Ethan

2022

100	Rojo, Michael - Yuba City	Bradley, Joel - Roseville
200	Bradley, Joel - Roseville	Rojo, Michael - Yuba City
400	Cole, Cameron - Antelope	Low, Harrison - Bella Vista
800	Kirby, Kellen - Bella Vista	Lacey, Sean - Bella Vista
1600	Lacey, Sean - Bella Vista	Winston, David - Woodcreek
3200	Lacey, Sean - Bella Vista	Sanchez-Torres, Gilbert Bella Vista
High Hurdles	Earls, Isaiah - Woodcreek	Green III, Rickey - Inderkum
Inter Hurdles	Earls, Isaiah - Woodcreek	Dinin, Kyle - Bella Vista
High Jump	Driffin, Maxime - Antelope	Dismukes, Owen - Bella Vista
Pole Vault	Coker, Brian - Bella Vista	Hymas, Grant - Bella Vista
Long Jump	Driffin, Maxime - Antelope	Totman, Collin - River Valley
Triple Jump	Driffin, Maxime - Antelope	Ervin, Dylan - Woodcreek
Shot Put	Dunham, Noah - Yuba City	Afato, Nick - Yuba City
Discus	Afato, Nick - Yuba City	Porcayo, Joaquin - Yuba City
4x100 Relay	<u>Antelope</u>	<u>Yuba City</u>
	Borders, Curron	Porcayo, Joaquin
	Driffin, Maxime	Rojo, Michael
	Seetahal, Brandon	Sanders, Dorsey
	Watson, Trevon	Bazemore, Amias
4x400 Relay	<u>River Valley</u>	<u>Woodcreek</u>
	McIntire, Zachary	Earls, Isaiah
	Jensen, Eddie	Hubbard, Benjamin
	Totman, Collin	Jackson, Jarred
	Mwanje, Michael	Miller, Myles

2021

100	Price, Isaac - Yuba City	Bradley, Joel - Roseville
200	Price, Isaac - Yuba City	Bradley, Joel - Roseville
400	Harriman, Gannon - Woodcreek	Biggins, Matt - Yuba City
800	Sanchez-Torres, Gilbert - Bella Vista	Meadows-Yaw, Shane - Roseville
1600	Marlatt, Bruce - Bella Vista	Gee, Tyler - Woodcreek
3200	Cobabe, Ashton - Bella Vista	LaRoe, Ben - Bella Vista
High Hurdles	Earls, Isaiah - Woodcreek	Bradley, Joel - Roseville
Inter Hurdles	Earls, Isaiah - Woodcreek	Block, Spencer - Bella Vista
High Jump	Stephens, Ryan Bella - Vista	Vorse, Lance - Bella Vista
Pole Vault	Coker, Brian - Bella Vista	Khoshnoodi, Saeid - Bella Vista
Long Jump	Bradley, Joel - Roseville	Totman, Collin - River Valley
Triple Jump	Biggins, Matt - Yuba City	Mwanje, Michael - River Valley
Shot Put	Faupula, Takeshi - Yuba City	Hill, Drake - Woodcreek
Discus	Valdez, Eduardo - Roseville	Faupula, Takeshi - Yuba City
4x100 Relay	<u>Yuba City</u>	<u>Bella Vista</u>
	Small, Miles	Duma, Angelo
	Rojo, Michael	Sallander, Caelan
	Abreu, Keola	Romano, Vincent
	Price, Isaac	Block, Spencer
4x400 Relay	<u>Yuba City</u>	<u>Woodcreek</u>
	Abreu, Keola	Earls, Isaiah
	Rojo, Michael	Hill, Drake
	Price, Isaac	Polley, Josh
	Biggins, Matt	Harriman, Gannon

2020

Due to Covid the 2020 season was canceled

2019

100	Kroeger, John - River Valley	Price, Isaac - Yuba City
200	Kroeger, John - River Valley	Jones, Jared - Inderkum
400	Jackson, Jevon - Yuba City	Anderson, Cameron - Bella Vista
800	Anderson, Cameron - Bella Vista	King, Damian - Bella Vista
1600	Reimers, Xander - Inderkum	King, Damian - Bella Vista
3200	King, Damian - Bella Vista	Reimers, Xander - Inderkum
High Hurdles	Sandhar, Sandhar - River Valley	
Inter Hurdles	Sandhar, Sandhar - River Valley	
High Jump	Jones, Donovan - Roseville	Huddleston, Jerry - Antelope
Pole Vault	Cordova, Luke - Woodcreek	Marroquin, Dennis - Woodcreek
Long Jump	Kroeger, John - River Valley	Panlilio - Woodcreek
Triple Jump	Panlilio, Tyler - Woodcreek	Strelchik, Dennis - Bella Vista

Shot Put Gilmer-Wren, Chris - Bella Vista
 Discus Gilmer-Wren, Chris - Bella Vista
 4x100 Relay Inderkum
 Payne, Emmanuel
 Lester-Oliver, Aaron
 Guida, Chase
 Jones, Jared
 4x400 Relay Yuba City
 Palmquist, Erik
 Price, Isaac
 Niccum, Mason
 Jackson, Jevon

Ellis, Collin - Woodcreek
 Rockenstein, Matt - River Valley
Yuba City
 Rojo, Michael
 Niccum, Mason
 Palmquist, Erik
 Price, Isaac
Inderkum
 Carrol, Marcus
 Howes, Tabansi
 Jones, Jared
 Lain III, John

2018

100 Trach, Jacob - Cosumnes Oaks
 200 Franco, Andrew - Whitney
 400 Bright, Devin - Cosumnes Oaks
 800 Low, Hayden - Bella Vista
 1600 Kling, Josh - Whitney
 3200 King, Damian - Bella Vista
 High Hurdles Worthy, Jermain - Bella Vista
 Low Hurdles Scott, Pierre - Cosumnes Oaks
 High Jump Jones, Donovan - Roseville
 Pole Vault O'Brien, Adam - Whitney
 Long Jump Strelchik, Dennis - Bella Vista
 Triple Jump Dozier, Garrett - Bella Vista
 Shot Put Almaraz, Jake - Ponderosa
 Discus Buck, Dagne - Whitney
 4x100 Relay Whitney
 Souto, Joey
 Love-Williams, Jaiden
 Clark, Mark
 Franco, Andrew
 4x400 Relay Cosumnes Oaks
 King, Elijah
 Trach, Jacob
 Scott, Pierre
 Bright, Devin

Worthy, Jermain Bella Vista
 Bright, Devin - Cosumnes Oaks
 Franco, Andrew - Whitney
 Blankenburg, Benjamin- Bella Vista
 Blankenburg, Benjamin - Bella Vista
 Dodge, Ethan - Whitney
 Scott, Pierre - Cosumnes Oaks
 King, Elijah - Cosumnes Oaks
 Delaney, Jordan - Cosumnes Oaks
 Chaney, Jake - Ponderosa
 Worthy, Jermain - Bella Vista
 Hartung, Jack - Ponderosa
 Buck, Dagne - Whitney
 Boroja, Zachary – Whitney
Ponderosa
 Chaney, Jake
 Helwig, Jordan
 Sadang, Sky
 Hartung, Jack
Whitney
 Love-Williams, Jaiden
 Templeton, Julian
 Beevers, Xavier
 Franco, Andrew

2017

100 Dotson, Elijah - Antelope

Bright, Devin - Cosumnes Oaks

200	Ellis, Myles - Antelope
400	Ellis, Myles - Antelope
800	Marshall, Shane - Ponderosa
1600	Dodge, Logan - Whitney
3200	Lopez, Sergio - Del Campo
High Hurdles	Worthy, Jermain - Bella Vista
Inter Hurdles	Pierce, Scott - Cosumnes Oaks
High Jump	Hartung, Jack - Ponderosa
Pole Vault	Wilmoth, Seth - Ponderosa
Long Jump	Trachuk, Vadim - Antelope
Triple Jump	Trachuk, Vadim - Antelope
Shot Put	Jones, James - Roseville
Discus	Jones, James - Roseville
4x100 Relay	<u>Antelope</u> Dotson, Elijah Ellis, Myles Weatherford, Josh Carson, Blaise
4x400 Relay	<u>Antelope</u> Walsner, Morgan Weatherford, Josh Carson, Blaise Ellis, Myles

Franco, Andrew - Whitney
Carson, Blaise - Antelope
Leon, Sebastian - Cosumnes Oaks
Shields, Austin - Whitney
Dodge, Logan - Whitney
Ledesma-Sanford, Kane - Roseville
Massera, Mitchell - Ponderosa
Dotson, Elijah - Antelope
Donovan, Augie - Oakmont
Koenig, Jaden - Bella Vista TJ
Hartung, Jack - Ponderosa
Taper, Caleb - Cosumnes Oaks
Boroja, Zachary - Whitney
<u>Cosumnes Oaks</u> Reed, Kenyon Bright, Devin Johnson-Millan, Julian Witcher, Curtis
<u>Cosumnes Oaks</u> Witcher, Curtis Bright, Devin Pierre, Scott Johnson-Millan, Julian

2016

100	Davis, Toj - Roseville
200	Johnson-Millan, Julian - Cosumnes Oaks
400	Ellis, Myles - Antelope
800	Kraft, Braeden - Del Campo
1600	Kraft, Braeden - Del Campo
3200	Taggart, Logan - Oakmont
High Hurdles	Holmes, Isaiah - Oakmont
Inter Hurdles	Griffith II, Derrick - Cosumnes Oaks
High Jump	Holmes, Isaiah - Oakmont
Pole Vault	O'Brien, Adam - Whitney
Long Jump	Holmes, Isaiah - Oakmont
Triple Jump	Holmes, Isaiah - Oakmont
Shot Put	Jones, James - Roseville
Discus	Updegraff, Wyatt - Whitney
4x100 Relay	<u>Antelope</u> Weatherford, Josh Mayes, Christian

Wilson, Jared - Whitney
Cardoza, Garrett - Whitney
Cho, Jeff - Bella Vista
Leach, Brayden - Roseville
Dodge, Logan - Whitney
Dodge, Logan - Whitney
Griffith II, Derrick - Cosumnes Oaks
Massera, Mitchell - Ponderosa
Rodrigues, Hunter Whitney
Hartung, Jack Ponderosa
Wilmoth, Seth Ponderosa
Kim, Keegan - Bella Vista
Trachuk, Vadim - Antelope
Rickard, Zach - Antelope
Jones, James - Roseville
<u>Whitney</u> Miguel Enzo Cardoza, Garrett

4x400 Relay	Campbell, Everett	Franco, Andrew
	Dotson, Elijah	Turner, Jared
	<u>Cosumnes Oaks</u>	<u>Whitney</u>
	Lunsford, Hunter	Rodrigues, Hunter
	Griffith II, Derrick	Cardoza, Garrett
	Scott, Pierre	Franco, Andrew
	Johnson-Millan, Julian	Templeton, Julian

2015

100	Turner, Malachi - Roseville	Wilson, Jared - Whitney
200	Ellis, Myles 9- Antelope	Cardoza, Garrett - Whitney
400	Ellis, Myles - Antelope	Cardoza, Garrett - Whitney
800	Sotomayor, Arturo - Roseville	Kraft, Braeden - Del Campo
1600	Walker, Ross - Del Campo	Chance, Edward - Del Campo
3200	Walker, Ross - Del Campo	Childs, Drew - Bella Vista
High Hurdles	Griffith, Derrick - Cosumnes Oaks	Woods, Tre'Shon - Roseville
Inter Hurdles	Woods, Tre'Shon - Roseville	Skondras, Alex - Bella Vista
High Jump	Holmes, Isaiah - Oakmont	Roberts, Thomas - Cosumnes Oaks
Pole Vault	Holloway, Robert - Ponderosa	Gwin, Phillip - Bella Vista
Long Jump	Holmes, Isaiah - Oakmont	Skondras, Alex - Bella Vista
Triple Jump	Holmes, Isaiah - Oakmont	Trachuk, Vadim - Antelope
Shot Put	Edwards, Omar - Antelope	Hamilton, Trevor - Del Campo
Discus	Hamilton, Trevor - Del Campo	Doughty, Wyatt - Bella Vista
4x100 Relay	<u>Whitney</u>	<u>Antelope</u>
	Ceasear, Tyrikl	Dotson, Elijah
	Wilson, Jared	Johnson, Davaeon
	Cardoza, Garrett	Campbell, Everett

4x400 Relay	Turner, Malachi	Ellis, Myles
	<u>Antelope</u>	<u>Roseville</u>
	Johnson, Davaeon	Davis, Toj
	Campbell, Everett	Leach, Braeden
	Echeveria, Logan	Woods, Tre'Shon
	Ellis, Myles	Sotomayor, Arturo

2014

MOST VALUABLE PLAYERS

OUTSTANDING TRACK: Isaiah Holmes, Oakmont

OUTSTANDING FIELD: Matt Cross, Bella Vista & Wyatt Doughty, Bella Vista

100	Bloomquist, Erik - Christian Brothers	Thomas, Xavier - Bella Vista
200	Knapp, Dallas - Casa Roble	Britschgi, Robert - Bella Vista
400	Knapp, Dallas - Casa Roble	Britschgi, Robert - Bella Vista
800	Kraft, Braeden - Del Campo	Domek, Eric - Christian Brothers
1600	Coss, Matt - Bella Vista	Doty, Spencer - Bella Vista
3200	Chance, Edward - Del Campo	Childs, Drew - Bella Vista
High Hurdles	Mitchell, Alex - Rio Linda	Myers, Darren - Bella Vista
Inter Hurdles	Myers, Darren - Bella Vista	Heckey, Robert - Casa Roble
High Jump	Holmes, Isaiah - Oakmont	Barger, Dylan - Bella Vista
Pole Vault	Gwin, Phillip - Bella Vista	Selby, Elijah - Oakmont
Long Jump	Barger, Dylan - Bella Vista	Kim, Keegan - Bella Vista
Triple Jump	Holmes, Isaiah - Oakmont	Mueller, Michael - Oakmont
Shot Put	Girola, Anthony - Del Campo	Hamilton, Trevor - Del Campo
Discus	Doughty, Wyatt - Bella Vista	Hamilton, Trevor - Del Campo

4x100 Relay	<u>Bella Vista</u> Wu, Andy Thomas, Xavier Britschgi, Robert Myers, Darren	<u>Christian Brothers</u> Jackson, Jamarri Richardson, Tariq Gutman, Connor Bloomquist, Erik
4x400 Relay	<u>Bella Vista</u> Doty, Spencer Britschgi, Robert Hvidsten, Austen Lanston, Andrew	<u>Casa Roble</u> Amos, Sean Heckey, Robert Knapp, Dallas McCarthy, Brenden

2013

MOST VALUABLE PLAYERS

OUTSTANDING TRACK: Daniel Gow, Bella Vista

OUTSTANDING FIELD: Austin Moore, Oakmont & Corey Barger, Bella Vista

100	Bloomquist, Erik - Christian Brothers	Litton, Andreas - Bella Vista
200	Bloomquist, Erik - Christian Brothers	Litton, Andreas - Bella Vista
400	Britschgi, Robert - Bella Vista	Hvidsten, Austen - Bella Vista
800	Gow, Daniel - Bella Vista	Kraft, Braeden - Del Campo
1600	Gow, Daniel - Bella Vista	Jagerson, Patrick - Del Campo
3200	Jagerson, Patrick - Del Campo	Walker, Ross - Del Campo
High Hurdles	Moore, Austin - Oakmont	Myers, Darren - Bella Vista
Inter Hurdles	Moore, Austin - Oakmont	Myers, Darren - Bella Vista
High Jump	Barger, Cory - Bella Vista	Farnan, Devin - Bella Vista
Pole Vault	Gwin, Phillip - Bella Vista	Selby, Elijah - Oakmont
Long Jump	Barger, Cory - Bella Vista	Ambriz, Niko - Del Campo
Tiple Jump	Barger, Cory - Bella Vista	Rodrigues, Kyle - Christian Brothers
Shot Put	Terrell, Tanner - Casa Roble	Girola, Anthony - Del Campo

Discus	Sharpe, David - Casa Roble	Girola, Anthony - Del Campo
4x100 v	<u>Bella Vista</u>	<u>Casa Roble</u>
	Barger, Cory	Knapp, Dallas
	Britschgi, Robert	Pucilowski, Joseph
	Myers, Darren	Povey, Michael
	Litton, Andreas	Wilfley, Peyton
4x400 Relay	<u>Bella Vista</u>	<u>Casa Roble</u>
	Litton, Andreas	Heckey, Robert
	Britschgi, Robert	Wilfley, Peyton
	Gwaltney, Bryce	Knapp, Dallas
	Hvidsten, Austen	

2012

MOST VALUABLE PLAYERS

OUTSTANDING TRACK: Montana Weeks, Oakmont

OUTSTANDING FIELD: Edixon Puglisi, Oakmont & Anthony Castaneda, Christian Brothers

100	Bloomquist, Erik - Christian Brothers	McFadden, Ben - Christian Brothers
200	Bloomquist, Erik - Christian Brothers	Britschgi, Robert - Christian Brothers
400	Britschgi, Robert - Bella Vista	Chorn, Alex - Casa Roble
800	Puglisi, Edixon - Oakmont	Jagerson, Patrick 1 Del Campo
1600	Puglisi, Edixon - Oakmont	Mercado, Tyler - Del Campo
3200	Mercado, Tyler - Del Campo	McKinney, Phelan - Bella Vista
High Hurdles	Weekes, Montana - Oakmont	Ferguson, Quinten - Bella Vista
Inter Hurdles	Weekes, Montana - Oakmont	Booth, Derrick - Oakmont
High Jump	Farnan, Devin - Bella Vista	Logue, Kevin - Bella Vista
Pole Vault	Adams, Brent- Oakmont	Gwin, Phillip - Bella Vista
Long Jump	Castaneda, Anthony - Christian Brothers	Holmes, Justin - Oakmont
Triple Jump	Castaneda, Anthony - Christian Brothers	Barger, Cory - Bella Vista
Shot Put	Hodge, Aaron - Rio Linda	Kelly, Nick - Casa Roble
Discus	Lehner, Daniel - Oakmont	Samatawa, AJ - Del Campo

4x100 Relay	<u>Oakmont</u> Jagait, Aman Weekes, Montana Booth, Derrick Price, Alon	<u>Christian Brothers</u> Yarber, Avante Castaneda, Anthony McFadden, Ben Bloomquist, Erik
4x400 Relay	<u>Casa Roble</u> Giranis, George Chavez, Erick Chorn, Alex Sharpe, David	<u>Bella Vista</u> McDonald, Cody Hvidsten, Austen Britschgi, Robert Gwaltney, Bryce

2011

MOST VALUABLE PLAYER

OUTSTANDING TRACK: Robby Templeton, Christian Brothers

OUTSTANDING FIELD: Robert Pflasterer, Del Campo & Kevin Logue, Bella Vista

100	Templeton, Robby - Christian Brothers	Bible, Lamar - Rio Linda
200	Templeton, Robby - Christian Brothers	Bible, Lamar - Rio Linda
400	Hernandez, Anthony - Casa Roble	Powell, Jared - Bella Vista
800	Puglisi, Edixon - Oakmont	Silvert, David - Bella Vista
1600	Pflasterer, Robert - Del Campo	Rushing, Jordan - Del Campo
3200	Pflasterer, Robert - Del Campo	Rushing, Jordan - Del Campo
High Hurdles	Castaneda, Anthony - Christian Brothers	Olsen, Chase - Casa Roble
Inter Hurdles	Booth, Derrick - Oakmont	Cattolica, Daniel - Bella Vista
High Jump	Logue, Kevin - Bella Vista	Farnan, Devin - Bella Vista
Pole Vault	Lu, Lishen - Oakmont	Grace, Kyle - Del Campo
Long Jump	Kulp, David - Del Campo	Swartout, Conner - Bella Vista
Triple Jump	Castaneda, Anthony - Christian Brothers	Lester, Bryan - Bella Vista
Shot Put	Porter, Deandre - Casa Roble	Kelly, Nick - Casa Roble
Discus	Quinley, Nelson - Oakmont	Sidhu, Zach - Oakmont

4x100 Relay Christian Brothers
 Terrell-Byrd, Aaron
 Stoltzenberg, Andrew
 Hudnall, David
 Templeton, Robby

4x400 Relay Bella Vista
 Cattolica, Daniel
 Ciszewski, Adam
 Powell, Jared
 Silvert, David

Oakmont
 Michael Garrison
 Montana Weekes
 Blaze, Alpha
 David Larson

Christian Brothers
 Domek, Nic
 Silver, Ben
 Hudnall, David
 Templeton, Robby

2010

NO RECORDS ON FILE

2009

100 Cameron Mikell - Rio Linda
 200 Anthony Smith - Foothill
 400 Jermon Williams - River City
 800 Jarvis Watkins - Antelope
 1600 Patrick Wiseman- Center
 3200 Anthony McDermott - Dixon
 High Hurdles AJ Romine - Rio Linda
 Inter Hurdles AJ Romine - Rio Linda
 High Jump Elijah Peete - Center
 Pole Vault Derek Watson - Center
 Long Jump Andrew Moore - Foothill
 Triple Jump Eric Cummings - Foothill
 Shot Put Anthony Cox - Foothill
 Discus Caleb Gauff - Foothill
 4x100 Relay Foothill
 Anthony Smith
 Devonn Hightower
 Jay Dixon

Anthony Smity - Foothill
 Jermon Williams - River City
 Larry Tillman - River City
 Canizales - Rio Linda
 Trevor Williams - Center
 Harjit Randhawa - Cosumnes Oaks
 Thomas Lovell - Center
 Dylan Crabtree - Center
 Trevor Williams - Center
 Ira Troung - Center
 AJ Romaine - Rio Linda
 Josh Lyons - Center
 Brandon Niblett - Rio Linda
 Alex Khan-Watson - Rio Linda
Center
 Dylan Crabtree
 Chris Malone
 Josh Lyons

4x400 Relay	Andrew Moore	Eric Cummings
	<u>River City</u>	<u>Center</u>
	Larry Tillman	Trevor Williams
	Shaq Fisher	Matt Wert
	Jermon Williams	Elijah Price
	Jose Yabes	Patrick Wiseman