

CAPITAL VALLEY CONFERENCE LACROSSE BY-LAWS

ADOPTED: August 6, 2024

Section 1 - Starting Date

- 1.1 The dates for the first day of practice, first scrimmage, first game and last game are determined by the Section.
- 1.2 A coaches meeting shall be held prior to the first allowable contest.

Section 2 - Official Rules

- 2.1 The official rule book shall be the National Federation of State High School Association rule book, except whereas modified by the CIF or the Sac-Joaquin Section.
 - 2.1.1 Boys lacrosse competition shall be governed by the National Federation of State High School Associations Boys Lacrosse Rules.
 - 2.1.2 Girls lacrosse competition shall be governed by the US Lacrosse Girls Lacrosse Rules as endorsed by the National Federation of High School Associations.

Section 3 - Official Ball

- 3.1 The official ball shall be any ball with an NFHS Stamp.

Section 4 - Contacts

- 4.1 The number of contacts allowed is determined by the Section.
- 4.2 Scrimmages held after the first game shall be counted as a contact.

Section 5 - Game Times

- 5.1 Game times shall be indicated on the officially adopted league schedule.

Section 6 - Game Results

6.1 The home school shall be responsible to notify Max Preps with game results.

Section 7 - Change in Classification

7.1 Refer to Section Rule

Section 8 - Championship

8.1 The varsity team with the greatest number of wins in league competition shall be designated as League Champion. In the event of a tie, all teams tied for the best records shall be recognized as League Champions. No champion will be recognized below the varsity level.

Section 9 - Playoffs

9.1 The number of teams qualifying for participation in the playoffs shall be determined by the Section.

9.2 Tie Breakers for qualifying spots and extra All Conference slots.

9.2.1 The first tie breaker shall be head to head competition.

9.2.2 The second tie breaker is determined by the higher Max Preps ranking.

9.2.2.1 If among the teams tied, one team qualifies on the basis on Max Preps Ranking while another does not, the team that does not qualify shall be designated as an automatic qualifier.

9.2.2.2 If there are more teams tied than there are automatic bids and none qualify on the basis of Max Preps rankings, the team(s) with the higher ranking moves to the playoffs.

9.2.2.3 If a team is not ranked by Max Preps, they do not qualify for playoffs.

Section 10 - Rain Outs, Ties and Suspended Games

10.1 The home team will cancel games by 12:00 Noon if the field is unplayable or as soon as possible in the case of inclement weather.

10.2 Rained out games shall be made up in the order of the original schedule. Both teams will play on the next day that neither team has a game scheduled. Games may be played on Saturday if both teams agree. If transportation is a factor, the principals and/or Athletic Directors of the competing schools will resolve the issue.

10.2.1 Failure of either team to play will result in a forfeit.

10.2.2 If the original site for a game is unplayable, the contest will be switched to the opponent's field, providing that field is playable.

10.2.3 If sites are switched in the first round, the site of the second-round game shall also be switched.

Section 11 - Miscellaneous - Activity Specific

11.1 Unless inclement weather or a safety hazard exists, regularly scheduled games must be played on the date scheduled.

11.2 Officials must be assigned by the NCOA North or other such organization.

11.2.1 There must be at least two (2) officials for varsity games and one (1) official for Frosh/Soph games. Additional officials may be added.

11.2.2 In the event only one official is available for a varsity game, the game may be played if both coaches agree.

11.3 Home team shall wear white uniform tops, visitors shall wear dark tops.

11.4 Only players, coaches, trainers, doctors, game officials, scorekeepers, and members of the press are allowed on the sidelines. Spectators must remain in the stands.

11.5 Only ball retrievers are allowed behind the end line of the field. They must be equipped with the proper lacrosse protective equipment, including helmet, mouth guard, and other protective gear required of the players. The ball retrievers shall remain at least 15 yards behind the end line during play. Their attire should be in contrast to the two teams playing on the field.

Section 12 - All Conference Selection

12.1 The Lacrosse coordinator shall call a meeting for the first Monday evening following the completion of the league season. Coaches shall be informed of the meeting, time and location at least a week in advance. Notification shall be by phone or Email.

12.2 Schools shall be awarded positions on the All-Conference team in accordance to their finish in League Competition. Each school shall make their own determination as to who will be placed on the team from their school. When there is a tie(s), the teams tied shall add the number of All Conference spots, divide by the number of teams tied. If that process results in an odd number of All Conference slots, that position shall go to the team with the higher Max Preps rating.

12.2.1 A total of twenty players will be selected for boys and 24 for girls.

12.2.2 The automatic and at large positions shall be as follows:

EIGHT TEAM LEAGUE

<u>Finish</u>	<u>Selections</u>
1st Place	5
2nd Place	4
3rd Place	3
4th Place	2
5th Place	1
6th Place	1
7th Place	1
8th Place	1
At Large	2

SEVEN TEAM LEAGUE

<u>Finish</u>	<u>Selections</u>
1st Place	5
2nd Place	4
3rd Place	3
4th Place	2
5th Place	1
6th Place	1
7th Place	1
At Large	3

NINE TEAM LEAGUE (Girls)

1st Place	5
2 nd Place	4
3 rd Place	3
4 th Place	2
5 th through 9th Place	1 each
At Large	4

TEN TEAM LEAGUE (Girls)

1 st Place	5
2 nd Place	4
3 rd Place	3
4 th Place	2
5 th through 10 th	1 each
At Large	3

12.3 Coaches will select the At Large Positions through a ranking system.

12.3.1 Each school may nominate a number corresponding to the number of at large positions available.

12.3.1.1 If schools do not use all their automatic positions, those positions are added to the number of at large positions

12.3.2 Coaches will rank every player nominated starting from 1 for the best player numerically through the last player nominated. Coaches will rank their own players.

12.3.3 The Coordinator shall total the numbers. The players with the lowest numbers will be added to the All-Conference team.

12.3.4 In the event of a tie(s), coaches will vote.

12.3.4.1 If the vote does not break the tie, the school with the higher Max Preps ranking shall receive that slot.

12.4 Each school will receive two Second Team positions.

12.5 No all-conference team shall be selected below the varsity level.

12.6 In the event a coach does not attend the All Conference meeting.

12.6.1 They may provide the coordinator with the names of the automatic qualifiers. Those students will be included on the All-Conference team.

12.6.2 They may send nominations for at large berths and special award consideration

12.6.3 They will not be able to participate in any vote taken at the meeting.

12.7 In the event a coach does not attend the meeting and does not forward the coordinator the names of the automatic qualify

12.7.1 The automatic slots will be reserved for the school.

12.7.2 The name of the automatic qualifier will be added to the team when the league commissioner receives the name from the Athletic Director or administrator.

Section 13 – Special Provisions

13.1 Schools assigned to the Capital Valley Conference for Lacrosse only by the CIFSJS are not full members of the Capital Valley Conference.

13.2 Schools assigned must operate under the authority of the State, 'Section and Capital Valley Conference. No other governing entity shall have standing in the governance of Lacrosse.

13.3 Schools assigned may attend League meetings and participate in discussions relating only to the sport of Lacrosse. These schools have voting rights that pertain only to the sport of lacrosse. They have **NO** voting authority on any other item before the CVC Athletic Board.

13.4 Assigned schools will be charged an administrative fee of \$100.