

**CAPITAL VALLEY CONFERENCE  
WRESTLING CHAMPIONS**

20 24	Ponderosa
2023	River Valley
2022	Bella Vista
2021	No champion determined – Covid 19
2020	Bella Vista
2019	Bella Vista
2018	Ponderosa
2017	Ponderosa
2016	Ponderosa
2015	Ponderosa
2014	Bella Vista
2013	Bella Vista
2012	Bella Vista
2011	Bella Vista
2010	Foothill
2009	Foothill
2008	Foothill
2007	Foothill
2006	Foothill
2005	Foothill
2004	Rio Linda
2003	Foothill
2002	Foothill
2001	Foothill
1997	San Juan
1994	Oakmont
1993	Oakmont
1989	Oakmont