

CAPITAL VALLEY CONFERENCE CROSS COUNTRY SCHEDULE

2025-26

Meet Time: 2:00pm

Last Revised: July 8, 2025

THURS, SEPT 25

Center Meet at Phoenix Park

THURS, OCT 30

League Meet at Phoenix Park

IMPORTANT DATES

NO CONTACT DEAD PERIOD

July 1-14

FIRST PRACTICE

August 4

FIRST SCRIMMAGE

August 15

FIRST CONTEST

August 22

LAST CONTEST

November 1