

CAPITAL VALLEY CONFERENCE FLAG FOOTBALL SCHEDULE 2025-26

GAME TIME: 4:00

Last Revised: July 21, 2024

MON, SEPT 8

VDL at RA
CBS at Ind
Wood at Pondo
BV BYE

WED, SEPT 10

CBS at VDL
Pondo at BV
RA at Wood
Ind BYE

MON, SEPT 15

BV at RA
Ind at VDL
Wood at CBS
Pondo BYE

WED, SEPT 17

Pondo at CBS
BV at Ind
VDL at Wood
RA BYE

MON, SEPT 22

CBS at BV
RA at Pondo
Ind at Wood
VDL BYE

WED, SEPT 24

Ind at RA
VDL at Pondo
Wood at BV
CBS BYE

MON, SEPT 29

BV at VDL
Pondo at Ind
RA at CBS
Wood BYE

WED, OCT 1

VDL at VDL
Ind at CBS
Pondo at Wood
BV BYE

MON, OCT 6

VDL at CBS
BV at Pondo
RA at Wood
Ind BYE

WED, OCT 8

RA at BV
VDL at Ind
Wood at CBS
Pondo BYE

MON, OCT 13

CBS at Pondo
Ind at BV
Wood at VDL
RA BYE

WED, OCT 15

BV at CBS
Pondo at RA
Wood at Ind
VDL BYE

MON, OCT 20

RA at Ind
Pondo at VDL
BV at Wood
CBS BYE

WED, OCT 22

VDL at BV
Ind at Pondo
CBS at RA
Wood BYE

IMPORTANT DATES

**NO CONTACT DEAD PERIOD
July 1 - July 14**

**FIRST PRACTICE
August 4**

**FIRST SCRIMMAGE
August 15**

**FIRST CONTEST
August 22**

**LAST CONTEST
October 23**