

CAPITAL VALLEY CONFERENCE FLAG FOOTBALL SCHEDULE

2024-25

GAME TIME: 5:30

Last Revised: May 8, 2023

MON, SEPT 9

RA at VDL
Ind at CBS
Pondo at Wood
BV BYE

WED, SEPT 11

VDL at CBS
BV at Pondo
Wood at RA
Ind BYE

MON, SEPT 16

RA at BV
VDL at Ind
CBS at Wood
Pondo BYE

WED, SEPT 18

CBS at Pondo
Ind at BV
Wood at VDL
RA BYE

MON, SEPT 23

BV at CBS
Pondo at RA
Wood at Ind
VDL Bye

WED, SEPT 25

RA at Ind
Pondo at VDL
BV at Wood
CBS BYE

MON, SEPT 30

VDL at BV
Ind at Pondo
CBS at RA
Wood Bye

WED, OCT 2

VDL at RA
CBS at Ind
Wood at Pondo
BV BYE

MON, OCT 7

CBS at VDL
Pondo at BV
RA at Wood
Ind BYE

WED, OCT 9

BV at RA
Ind at VDL
Wood at CBS
Pondo BYE

MON, OCT 14

Pondo at CBS
BV at Ind
VDL at Wood
RA BYE

WED, OCT 16

CBS at BV
RA at Pondo
Ind at Wood
VDL Bye

MON, OCT 21

Ind at RA
VDL at Pondo
Wood at BV
CBS BYE

WED, OCT 23

BV at VDL
Pondo at Ind
RA at CBS
Wood Bye

IMPORTANT DATES

NO CONTACT DEAD PERIOD

July 1 – Jul 14

FIRST PRACTICE

Aug 5

FIRST SCRIMMAGE

Aug 16

FIRST CONTEST

Aug 23

LAST CONTEST

Oct 24