

REALIGNMENT HISTORY OF THE CAPITAL VALLEY CONFERENCE

SCHOOLS WHO HAVE BEEN MEMBERS OF THE CVC:

Antelope	Bella Vista	Casa Roble	Center
Christian Brothers	Cosumnes Oaks	Del Campo	Dixon
El Camino	El Dorado	Elk Grove	Encina
Foothill	Galt	Highlands	Inderkum
Jesuit	Kern Jr. High	La Sierra	Loretto
Mesa Verde	Mira Loma	Natomas	Oakmont
Pioneer	Ponderosa	Rio Americano	Rio Linda
River City	River Valley	Roseville	Rutter Jr High
San Juan	Valley	Vanden	West Campus
Whitney	Woodcreek	Yuba City	

1960

The League was established in 1960. Original members of the conference were all part of the San Juan Unified School District.

Original Schools

El Camino
Encina
La Sierra
San Juan
Mira Loma

These schools entered the league as they opened, eventually expanding the league to ten teams. They included:

Bella Vista
Del Campo
Rio Americano
Mesa Verde
Casa Robles

1976

Realignment effected the CVC for the first time. The shared cost of travel was the primary reason for breaking up the original league. Half the schools in the CVC were placed into a newly formed league and called the Capital Athletic League. Elk Grove and Loretto became the first schools outside the San Juan Unified School District to be part of the league.

Membership then included:

El Camino
Elk Grove

Encina
Loretto
Mesa Verde
Mira Loma
Rio Americano

Kerr and Rutter Junior High schools were part of the league but only in freshman sports.

1978

Valley was added to the League.

Membership then included:

El Camino
Elk Grove
Encina
Loretto
Mesa Verde
Mira Loma
Rio Americano
Valley

1980

Loretto reassigned to another League. Rutter and Kerr were absorbed by Elk Grove.

Membership then included:

El Camino
Elk Grove
Encina
Mesa Verde
Mira Loma
Rio Americano
Valley

1982

Foothill, Eldorado and Ponderosa added to league. Mesa Verde, Valley and Elk Grove were reassigned.

Membership then included:

El Camino
El Dorado
Encina
Foothill
Mira Loma
Ponderosa
Rio Americano

1988

Highlands, Jesuit, Oakmont, Roseville and Loretto added to League. Foothill, Encina and Ponderosa taken out.

Membership then included:

- El Camino
- El Dorado
- Highlands
- Jesuit
- Loretto
- Mira Loma
- Rio Americano
- Roseville
- Oakmont

1990

Foothill was added to the league. El Camino and El Dorado taken out.

Membership then included:

- Foothill
- Highlands
- Jesuit
- Loretto
- Mira Loma
- Oakmont
- Rio Americano
- Roseville

1994

Rio Linda, Center, Woodcreek, Galt and San Juan were added. Roseville, Oakmont, Jesuit and Loretto were reassigned.

Membership then included:

- Center
- Foothill
- Galt
- Highlands
- Mira Loma
- Rio Americano
- Rio Linda
- San Juan
- Woodcreek

1996

Galt and Woodcreek were removed from the league. Natomas was added.

Membership then included:

- Center
- Foothill
- Highlands
- Mira Loma

Natomas
Rio Americano
Rio Linda
San Juan

1998

Vanden was added to the league for Football only. Rio Americano was reassigned.

Membership then included:

Center
Foothill
Highlands
Mira Loma
Natomas
Rio Linda
San Juan
Vanden
San Juan

2000

San Juan was removed from the league and Loretto was added. Vanden was reassigned to its regular league for football.

Membership then included:

Center
Foothill
Highlands
Loretto
Mira Loma
Natomas
Rio Linda

2002

A major realignment occurred throughout the section. Mira Loma was the last of the original teams in the CVC. When they were reassigned, none of the original teams remained in the league. As composed for the 2002-03 school year, Dixon, Vanden, River City were added along with a new school to be constructed in Woodland. Mira Loma, Loretto and Natomas were assigned new leagues.

The realignment cycle will be in effect for four years instead of two which was the practice.

Membership then included:

Center
Dixon
Foothill
Highlands
Rio Linda
River City
Vanden

Pioneer

2003

Pioneer was removed from the league and assigned to the Golden Empire League

Membership then included:

Center
Dixon
Foothill
Highlands
Rio Linda
River City
Vanden
Pioneer

2006

Highlands was reassigned to the Golden Empire League, Vanden to the Monticello Empire League and West Campus was placed into the league. The CVC was downgraded from a Division III league to a Division IV League.

Membership then included:

Center
Dixon
Foothill
Rio Linda
River City
West Campus

2008

Two brand new schools opened and both placed into the CVC. Antelope of the Roseville District and Cosumnes Oaks of the Elk Grove District were added. Both schools were composed of freshmen and sophomores and they competed in very few varsity sports.

Membership then included:

Antelope
Center
Cosumnes Oaks
Dixon
Foothill
Rio Linda
River City
West Campus

2010

The Capital Valley Conference had the most severe adjustment in the history of the Sac Joaquin Section. Seven of the eight schools were placed in other conferences and five new schools were assigned. The growth of the Section in terms of the number of new schools being built required a massive restructure to group like sized schools together. The CVC went from a Division-IV League

with schools ranging in population from about 600 students to a school with over 2,000 students. Additionally, the schools were not geographically close. The new league schools are much closer together in size and geography.

West Campus and Dixon were reassigned to the Golden Empire League. Antelope to the Capital Athletic Conference, River City and Cosumnes Oaks became members of the Sierra Valley Conference and Foothill and Center joined the Pioneer Valley Conference.

Bella Vista, Casa Roble and Del Campo from the CAL, Oakmont from the Sierra Foothill League and Christian Brothers from the SVC were the new additions to the league.

Membership then included:

- Bella Vista
- Casa Roble
- Christian Brothers
- Del Campo
- Oakmont
- Rio Linda

2014

The Capital Valley Conference experienced another significant membership change. Three schools left the league and were reassigned to smaller leagues. Rio Linda to the Tri County Conference and Casa Roble and Christian Brothers to the Capital Athletic League.

Five schools were assigned to the league, making the league an eight-team league for the first time in several years. New schools included: Antelope, Cosumnes Oaks, Ponderosa, Roseville and Whitney. All these schools, with the exception of Whitney, had previously been members of the CVC.

Membership then included:

- Antelope
- Bella Vista
- Cosumnes Oaks
- Del Campo
- Oakmont
- Ponderosa
- Roseville
- Whitney

2018

For the third consecutive year, the CVC had a significant change to its membership. Four school left the league, Del Campo and Oakmont to the smaller CAL league, Whitney to the larger Sierra Foothill league, Cosumnes Oaks to the larger Delta League and Ponderosa to a new league.

Four schools came into the league, Woodcreek coming from the Division I SFL, and River Valley, Yuba City and Inderkum coming from the Division III Tri County League.

Membership then included:

- Antelope
- Bella Vista
- Inderkum

River Valley
Roseville
Woodcreek
Yuba City

Because of the Covid 19 Pandemic, the Section chose to extend the 2018 Realignment for two years and begin a new cycle in 2024.

2024

Four schools were removed from the CVC for other leagues and four schools inserted into the league. Antelope, Roseville, River Valley and Yuba City were removed.

Vista Del Lago entered the league for the first time while Rio Americano, Christian Brothers and Ponderosa came back to the CVC.