

CAPITAL VALLEY CONFERENCE

Athletic Director Meeting

MINUTES

Tuesday, October 28, 2025

CALL TO ORDER

Meeting called to order at 9:02 AM

ATTENDANCE

League Commissioner: Al Hooker

Bella Vista: Becky Stewart

Christian Brothers: Dale Milton

Inderkum: Justin Reber

Ponderosa: Alex LaBass

Rio Americano: William Alexander

Vista Del Lago: Kyle Landis

Woodcreek: Grant Guensler

District: Suzanne Baker, Natomas USD

PUBLIC COMMENT

No members of the public were present.

MINUTES

Minutes of the September meeting were approved as posted online.

GUESTS

No guests were present

CVC ITEMS

OLD BUSINESS

- There was an explanation of why the Water Polo budget being over budget results in the same cost to schools.

NEW BUSINESS

- The Fall 2026 Football Schedule was approved.
- Proposal from Ponderosa to modify the by laws for Flag Football to change numbers for all conference awards from 14 to 28 was approved and will move on to a second reading in November.
- A discussion on the pros and cons of the Conference model was held

OTHER

Championship pennants were distributed for fall sports

ADJOURN

Meeting adjourned at 9:56 AM