

# CAPITAL VALLEY CONFERENCE WRESTLING SCHEDULE

2024-25

**GAME TIME: 6:00**

**Last Revised: May 8, 2024**

**WED, DEC 4**

RA at VDL  
Ind at CBS  
Pondo at Wood  
BV BYE

**WED, DEC 11**

VDL at CBS  
BV at Pondo  
Wood at RA  
Ind BYE

**WED, DEC 18**

RA at BV  
VDL at Ind  
CBS at Wood  
Pondo BYE

**TUE, JAN 7**

CBS at Pondo

**WED, JAN 8**

Ind at BV  
Wood at VDL  
RA BYE

**TUE, JAN 14**

Pondo at RA

**THUR, JAN 16**

BV at CBS  
Wood at Ind  
VDL Bye

**WED, JAN 22**

RA at Ind  
Pondo at VDL  
BV at Wood  
CBS BYE

**TUE, JAN 28**

Ind at Pondo  
CBS at RA

**WED, JAN 29**

VDL at BV  
Wood Bye

**SAT, FEB 8**

League Meet

## **IMPORTANT DATES**

**NO CONTACT DEAD PERIOD**

July 1 – Jul 14

**FIRST PRACTICE**

Nov 4

**FIRST SCRIMMAGE**

Nov 15

**FIRST CONTEST**

Nov 23

**LAST CONTEST**

Feb 8